WHAT HAS CHANGED IN YOUR LIFE SINCE THIS PANDEMIC BEGAN?

What is your
#1 concern
about how life
has changed for
you?

Write a letter
to your future self 5, 10
or 20 years
from now and explain
how the pandemic
changed life as you once
knew it.

Explain in detail
how the things that
matter the most to you
in life have changed
because of the
pandemic?

Are you keeping
a daily journal during
this time to record
these historic events?
If so why?
If not, why not?

Describe you
e-learning and
"school-at-home"
day. How is it different
from your regular
school experiences?

Have you taken any
virtual tours of
museums, parks or
other interesting places?
If so, explain how a
virtual tour compares
to an actual one.

What do you miss the most about life from before this outbreak?

What do you miss the least about life from before this outbreak?

What changes do
you think this
pandemic has caused
that will still be around
years from now?

How are you
feeling about the
world and how it
has changed because
of the pandemic?

HOW ARE YOU
FEELING TODAY
ABOUT YOUR HOME
AND FAMILY
LIFE?

Write a letter
to your teacher (or
any staff member)
and tell them
what you miss
about school.

HOW ARE YOU
KEEPING
UP WITH YOUR
EXTRACURRICULAR
ACTIVITIES?

Imagine your ideal study space at home.
What does it look like?

Do you have
animals at home?
How has having
you home during
the school day changed
their normal day?

When you are at school, what do you think your pet does all day?

Write a story
and narrate your
pet's day and
how their life is
different now that the
entire family is home so
much.

Are you getting more or less exercise at home than normal? Why or why not? Do you have siblings?
Do you like spending more time with them?
Why or why not?

What is the
littlest issue that
you and your sibling(s)
have fought about.
Explain in detail.

What have you learned about your family members that surprises you?

Has your family
experienced any
shortages of items
during these times?
List out the
changes in detail.

WHAT ELSE
HAS CHANGED FOR
YOU BECAUSE OF
COVID-19?

What would you
want to talk about
with your friends at
school during lunch or
recess today?

How are you keeping in contact with friends?

Write a letter
to your best friend to
send in the mail. Be
sure to include what
you like and what you
do not like about how
things have changed.

WHAT DO
YOU KNOWABOUT
CORONAVIRUS?
WHAT FEARS
DO YOU HAVE?

Write what
you think your
teacher's day looks
like. Describe your
teacher's
day at home.

What do you think your principal's day looks like? Describe your principal's day at home.

Field trips are something that you might be missing - what trips would you like to take now with your family?

What field trips
would you like to take
when school is
back in session?
Why?

What are your school values?
How are you exemplifying them while at home?

Write your daily announcements for today's day of school-at-home.

If your school isn't returning this spring, what activities and events will you miss the most? What will you miss the least?

THE
FIRST DAY
BACK TO SCHOOL
WILL BE LIKE.

Are you feeling more stressed or anxious these days? Explain your answer in detail. List out all
the things that have
changed in your
daily life since the
pandemic began? What
have you learned from
them?

What are you doing with all your extra time? Are you binge-watching Netflix or Disney+, creating art, writing, sleeping... explain your answer in as much detail as you can.

WHAT DO
YOU KNOWABOUT
CORONAVIRUS?
WHAT FEARS
DO YOU HAVE?

Distance learning is new for a lot of students. Do you like it? Why or why not?

What new
technology skills have
you learned
because of distance and
e-learning?

Do you like distance learning? Do you want to continue with it or would you prefer to go back to classroom learning?

If you wear a uniform for school, do you miss it? Why or why not?

Design your
ideal school uniform
and describe it
in detail from head
to toe.

Do you miss lunchtime at school? Why or why not? What do you
eat for lunch at home?
Who do you
socialize with at
lunch?

WHEN THINGS
GET BACK TO
NORMAL, WHAT WILL
YOU MISS MOST
ABOUT THIS TIME
AT HOME?